



RIDING WEAR GUIDELINES

Updated 2.1.26

RIDING HELMET

Whilst we can lend riding helmets at the start, it is mandatory for all our riders to have their own professionally fitted riding helmet to the current BSI standard. Local saddlery shops can assist with this process, and it is not a safety item to be purchased online.

FOOTWEAR

Jodhpur boots with half-chaps or long riding boots are the best form of footwear, both for safety and efficiency when riding. Half-chaps must always be worn when riding in a short/ankle boot.

BODY PROTECTOR

We recommend the wearing of correctly fitting body protectors when jumping, and they are mandatory for any rider who wants to jump fixed obstacles. In extremely hot weather we recommend removing body protectors to avoid the risk of the rider overheating. Air Jackets are not permitted due to the risk of the air cannister exploding around other horses and riders.

CLOTHING

Always dress according to the weather conditions. Coats and gloves must be worn when riding in cold and/or wet weather, especially so with younger children. All clothing must be secure with jackets fastened, scarves tucked and no sharp or bulky items stored in pockets. Please wear jodhpurs, breeches, or thick leggings - never shorts or trousers with seams due to chaffing.

OTHER

We recommend the minimal wearing of jewellery when riding and handling horses to minimise the risk of injury or loss of.

In our clubroom we have a **“Swap Shop”**, where there are free second-hand horse riding wear and you are welcome to help yourself and donate outgrown or unwanted related items for other to use. NO riding helmets please.

Please do speak to any of our coaches or the office if you would like further assistance regarding riding wear, including the location of local saddlery shops for hat and/or body protector fitting.