



Where People and Horses Thrive

Pony Days and Pony Camps

Pony Days and Pony Camps at Lavant Equestrian are varied in theme and content but all are devised to promote independence and wellbeing for children. We do this by encompassing exercises, games and activities tailored to the attendees' age, understanding and ability.

Children and teens - members, non-members and livery loaners & owners - join together to enjoy time spent with a common goal; developing their horsemanship skills, riding, handling and caring for ponies and most importantly, having fun with them.

Our equestrian center embraces team work. Time is structured so that at points, children of varying ages and experience mix, meaning they get to share knowledge and gain new skills from each other. Their listening and verbal skills are enhanced as they work alongside others to communicate, offer encouragement and work as a team, be that in the yard or in the saddle. They also work in groups of children at a similar level to them so they can develop their riding skills at the same pace and learn from each other.

We aim to ensure children get lots of physical activity and plenty of fresh air whatever the weather on our pony days. Stable management and horse riding promotes good overall physical health and development. Gaining new physical skills strengthens confidence and boosts self-esteem.

Pony days are a fantastic opportunity to forge friendships with other children as well as ponies and coaches, helping children to feel part of the community at our riding school near Chichester. This is so beneficial in all areas of learning as children blossom when they feel happy and secure in their environment.



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